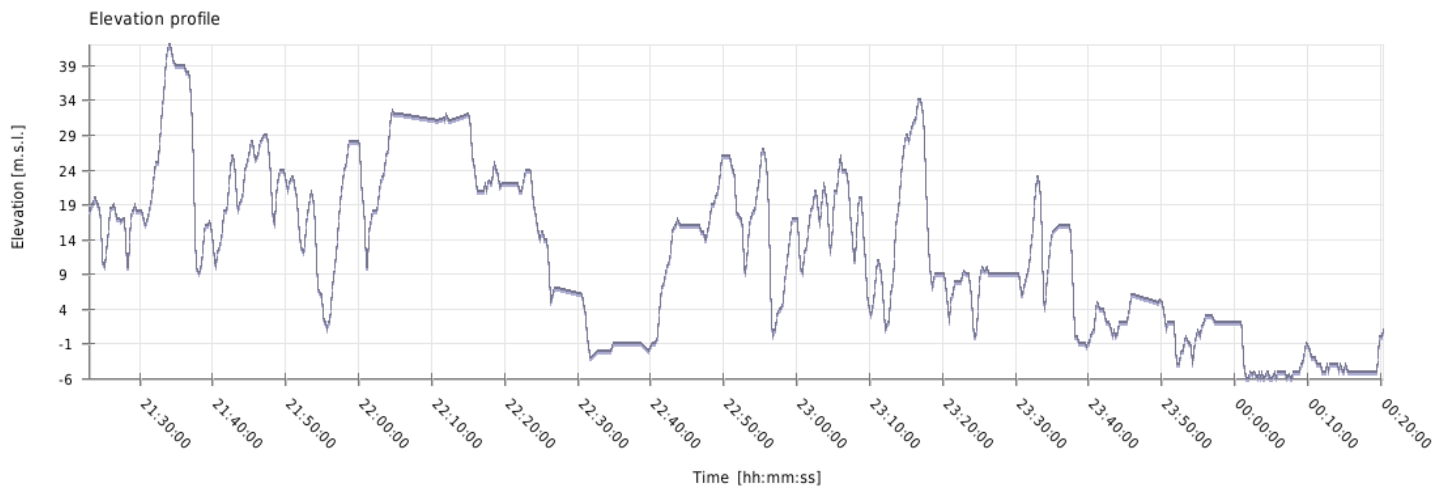
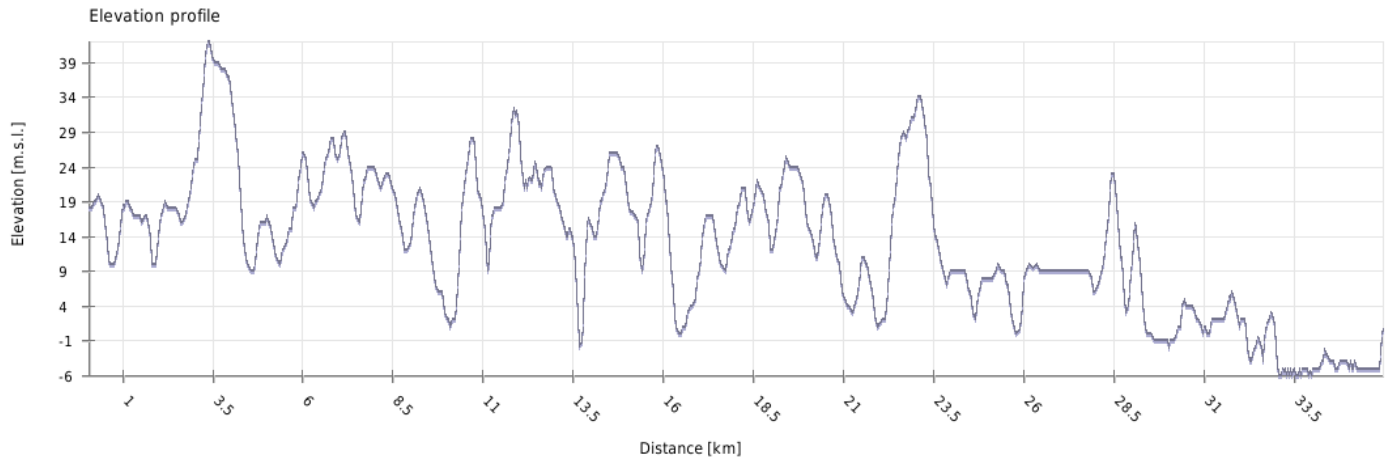
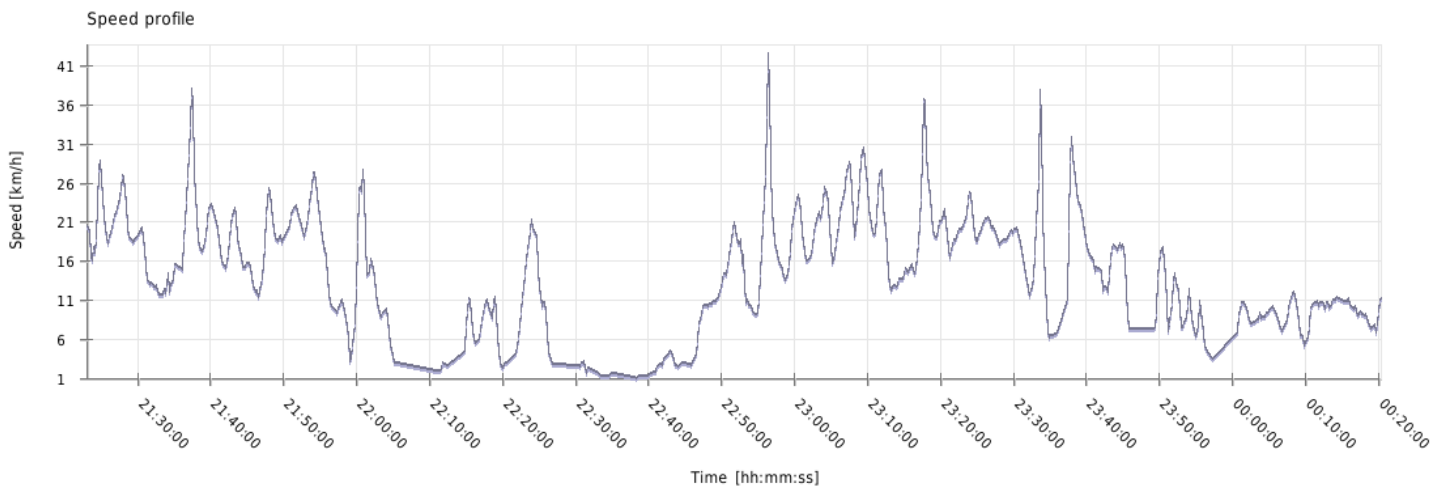
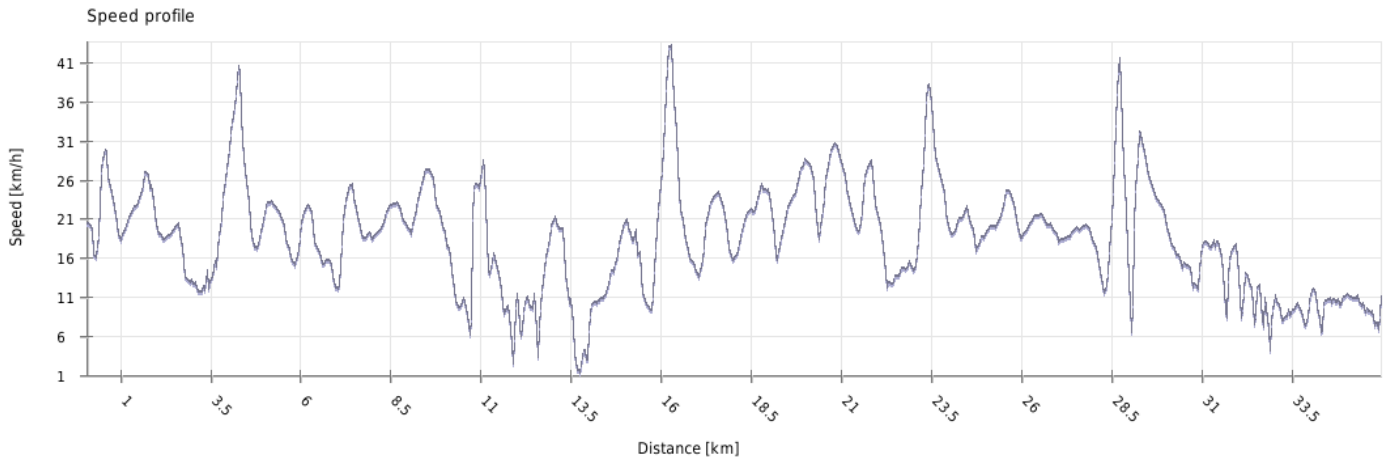


Elevation



Minimum elevation:	-6 m.s.l.
Maximum elevation:	42 m.s.l.
Average elevation:	12.5 m.s.l.
Maximum difference:	48 m
Total climbing:	431 m
Total descent:	448 m
Start elevation:	18.6 m.s.l.
End elevation:	1 m.s.l.
Final balance:	-17.6 m

Speed

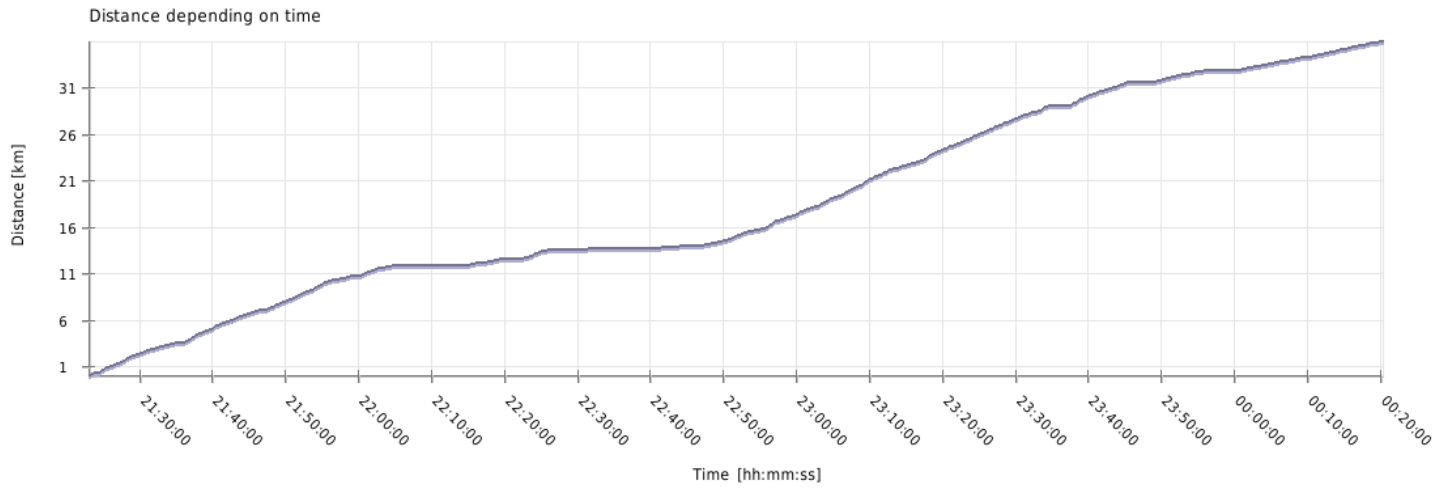


Minimum speed:	0.9 km/h
Maximum speed:	43.8 km/h
Average climbing speed :	14 km/h
Average descent speed :	20.8 km/h
Average flat speed:	15.3 km/h
Average speed:	16.3 km/h

Time

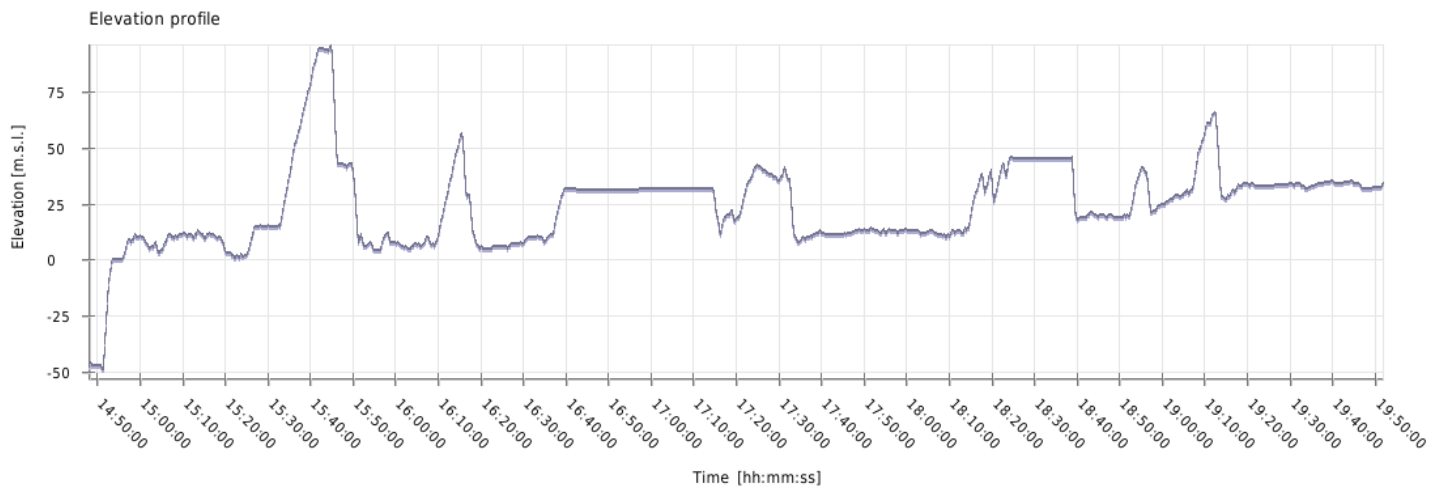
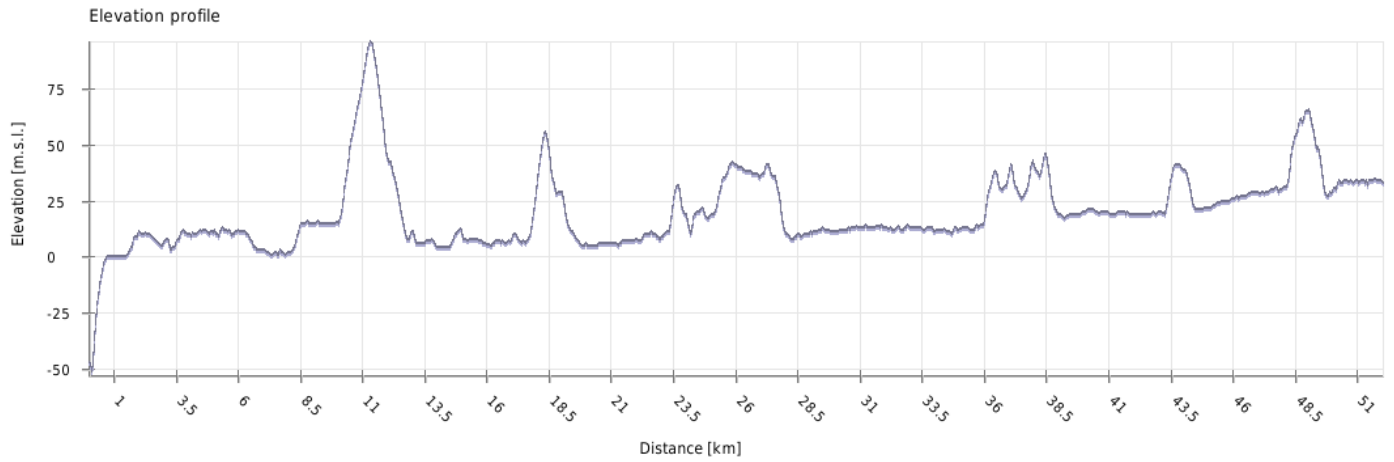
Date of track:	2012
Start time:	30.1 - 21:22:53
End time:	31.1 - 00:20:25
Total track time:	2h 57m 32s
Climbing time:	57m 26s
Descent time:	52m 03s
Flat time:	1h 08m 03s

Distance



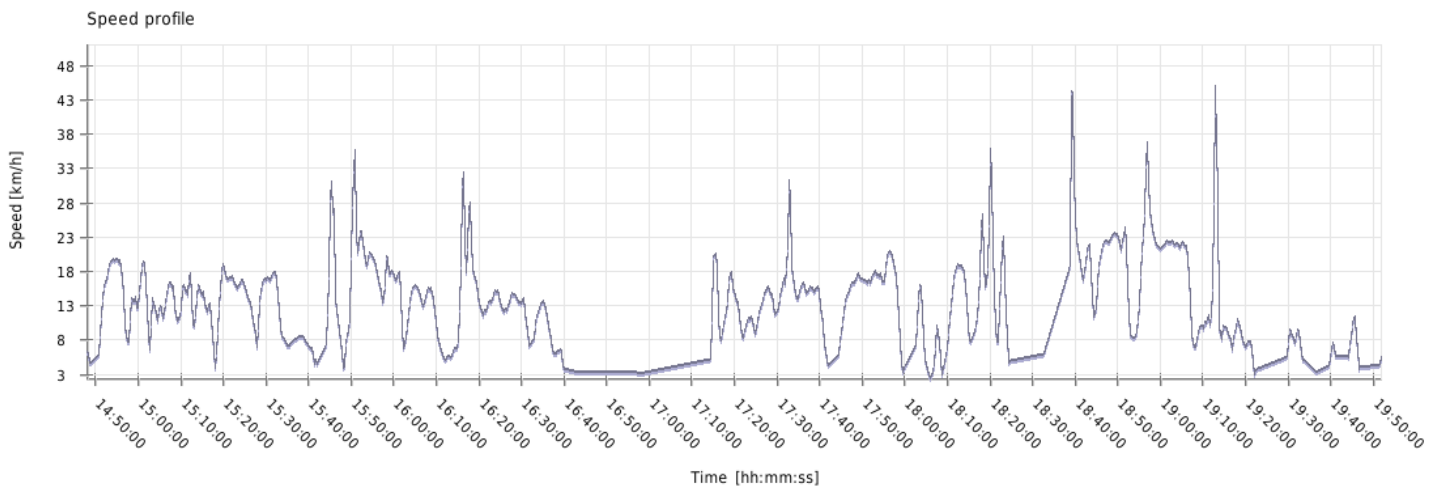
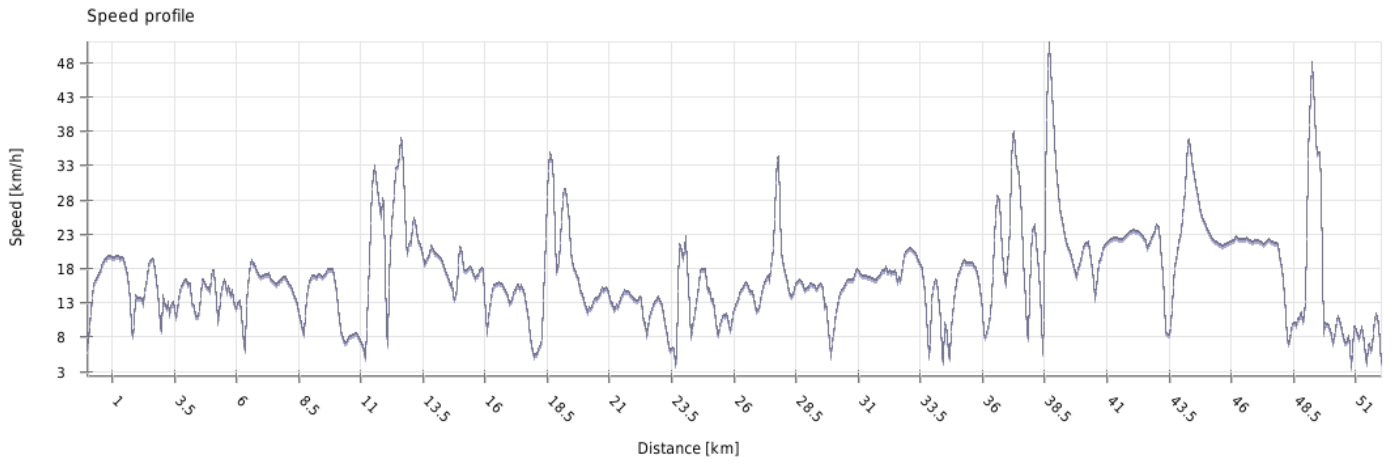
Total flat distance:	36 km
Total real distance:	36 km
Climbing distance:	11.2 km
Descent distance:	12.4 km
Flat distance:	12.4 km

Elevation



Minimum elevation:	-53 m.s.l.
Maximum elevation:	96 m.s.l.
Average elevation:	21.7 m.s.l.
Maximum difference:	149 m
Total climbing:	586 m
Total descent:	505 m
Start elevation:	-47.9 m.s.l.
End elevation:	34 m.s.l.
Final balance:	81.9 m

Speed

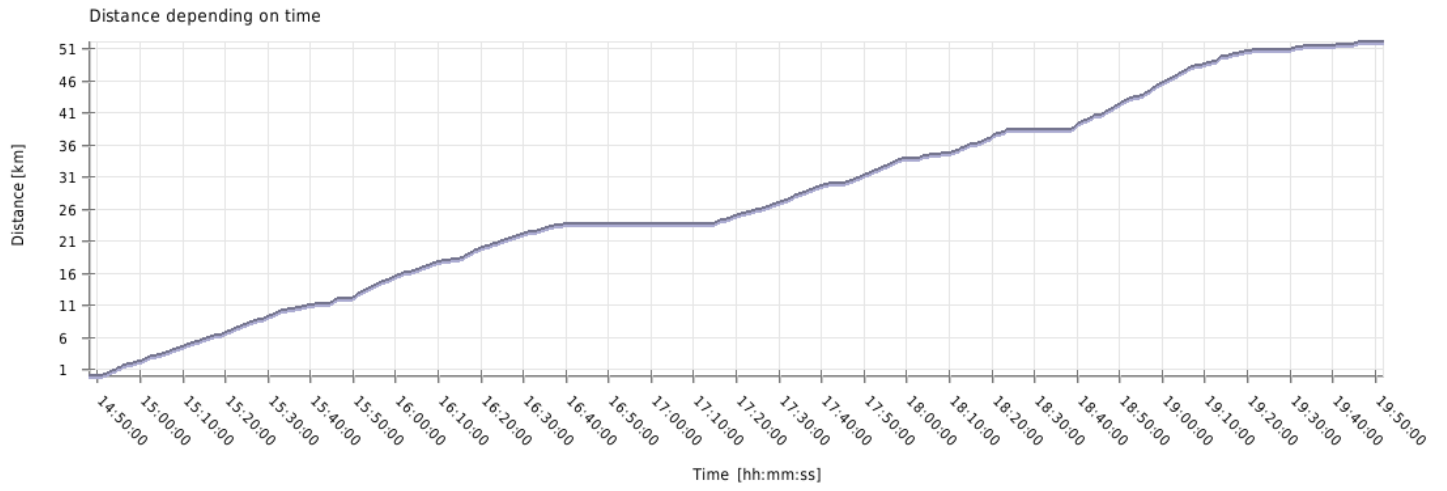


Minimum speed:	2.4 km/h
Maximum speed:	51 km/h
Average climbing speed :	12 km/h
Average descent speed :	19.2 km/h
Average flat speed:	15.2 km/h
Average speed:	14.9 km/h

Time

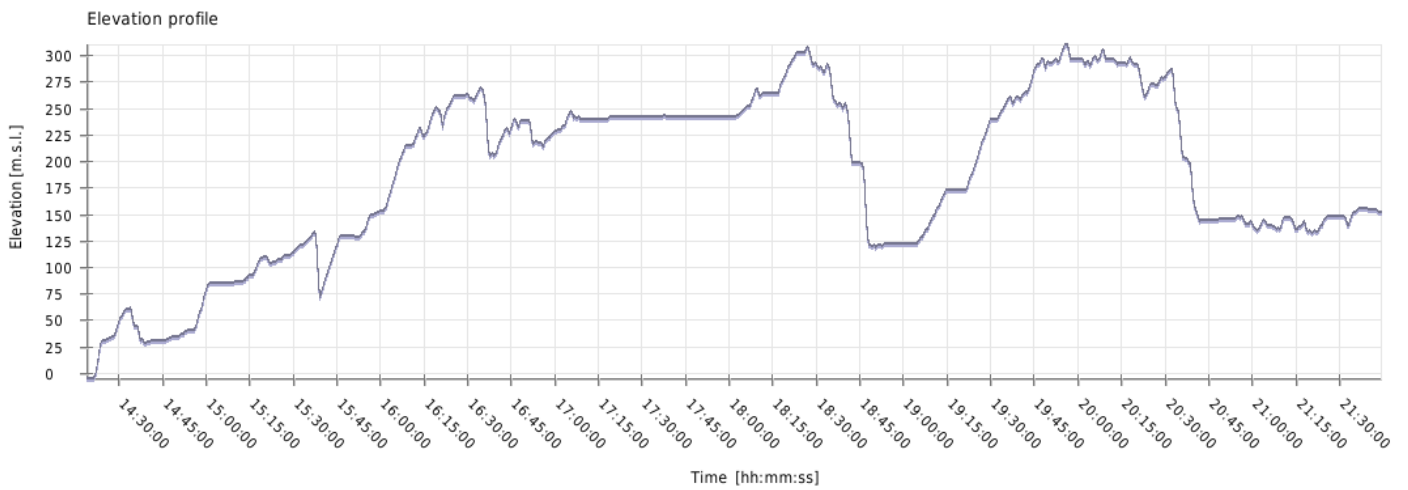
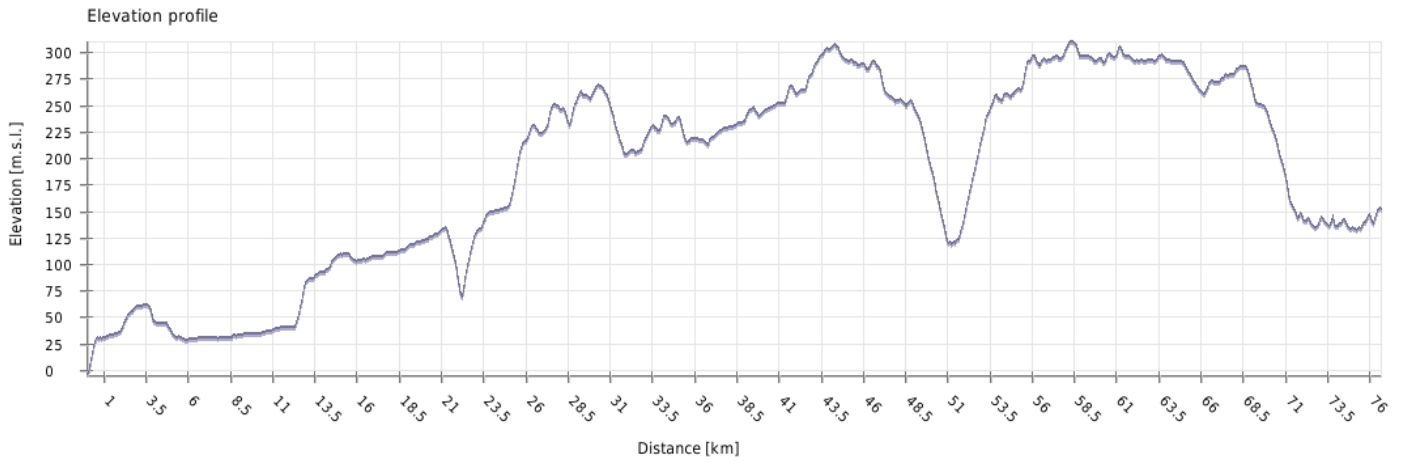
Date of track:	31.1.2012
Start time:	14:47:38
End time:	19:51:54
Total track time:	5h 04m 16s
Climbing time:	1h 54m 36s
Descent time:	47m 04s
Flat time:	2h 22m 36s

Distance



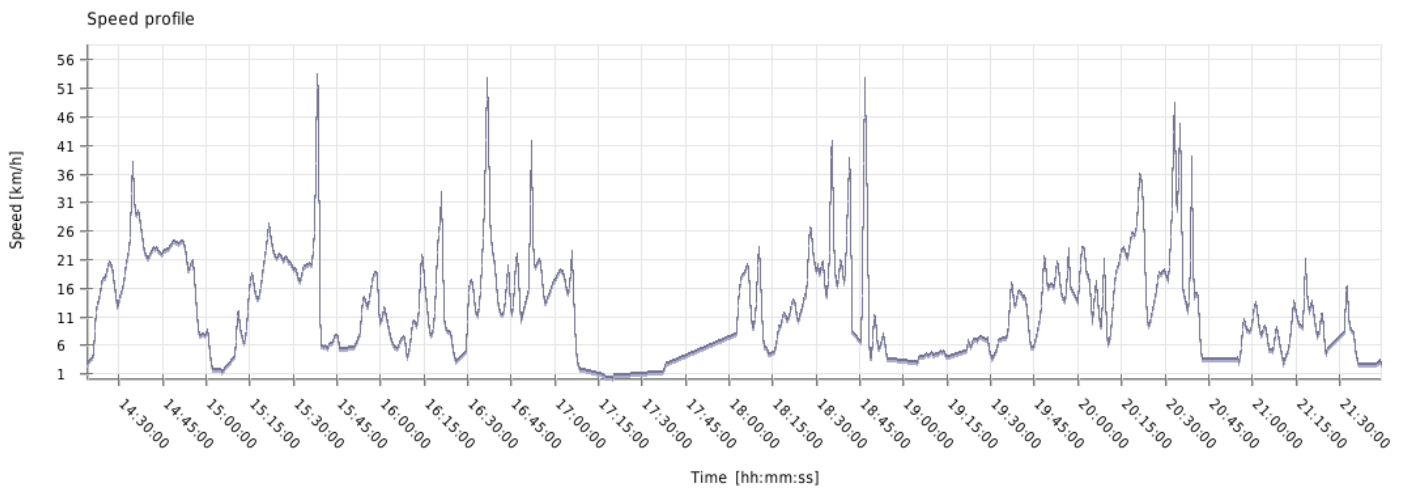
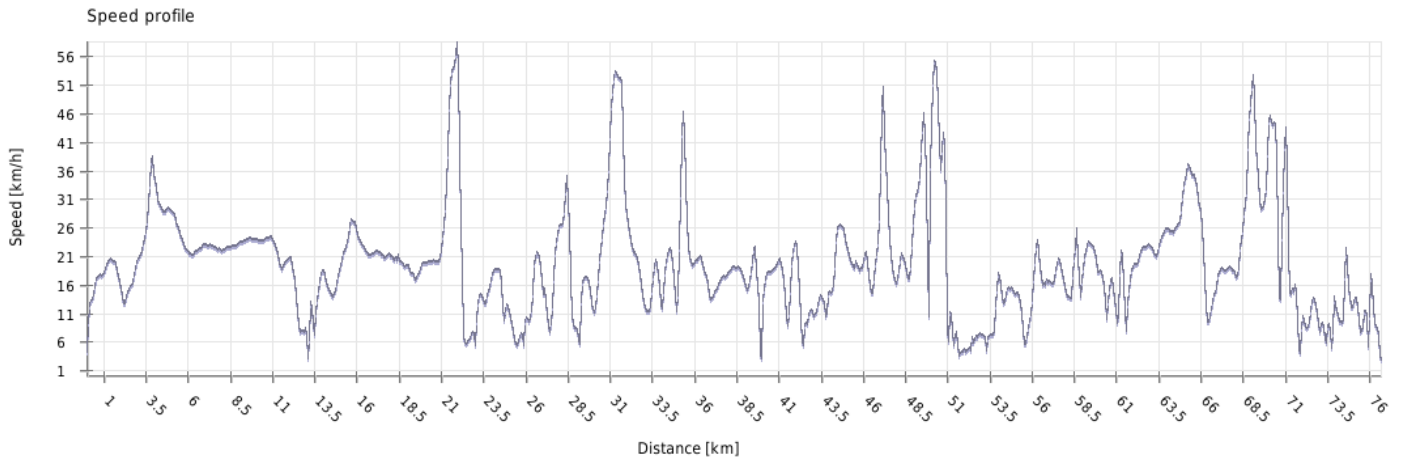
Total flat distance:	52 km
Total real distance:	52 km
Climbing distance:	14.2 km
Descent distance:	12.9 km
Flat distance:	25 km

Elevation



Minimum elevation:	-5 m.s.l.
Maximum elevation:	310 m.s.l.
Average elevation:	186.9 m.s.l.
Maximum difference:	315 m
Total climbing:	1020 m
Total descent:	865 m
Start elevation:	-3.5 m.s.l.
End elevation:	152 m.s.l.
Final balance:	155.5 m

Speed

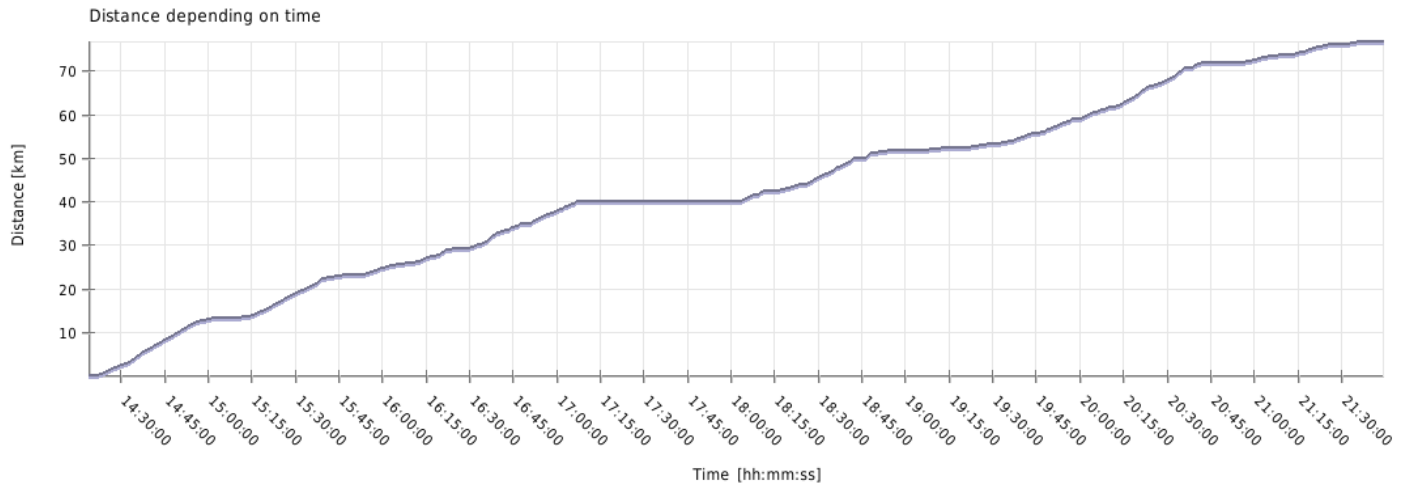


Minimum speed:	0.1 km/h
Maximum speed:	58.6 km/h
Average climbing speed :	12.3 km/h
Average descent speed :	23.7 km/h
Average flat speed:	16.5 km/h
Average speed:	15.9 km/h

Time

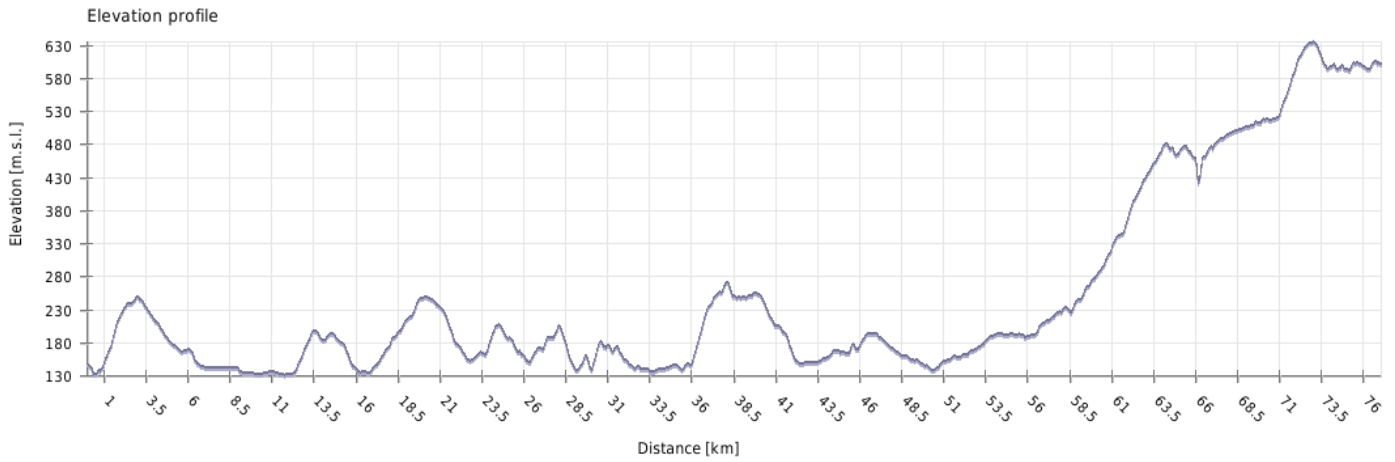
Date of track:	1.2.2012
Start time:	14:18:27
End time:	21:44:26
Total track time:	7h 25m 59s
Climbing time:	3h 12m 34s
Descent time:	1h 27m 23s
Flat time:	2h 46m 02s

Distance



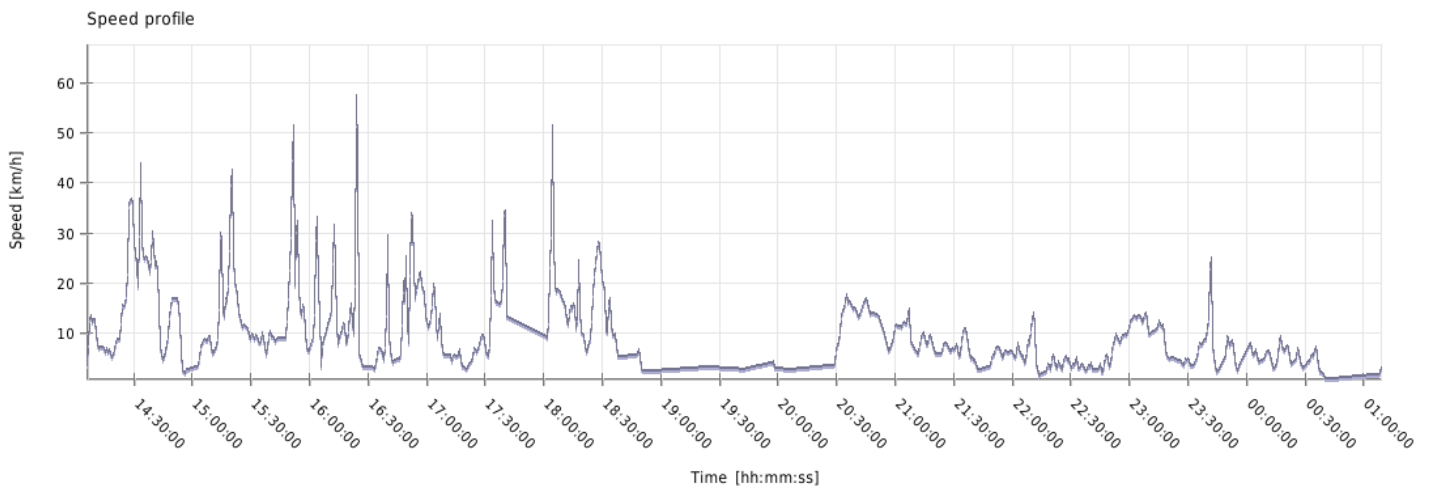
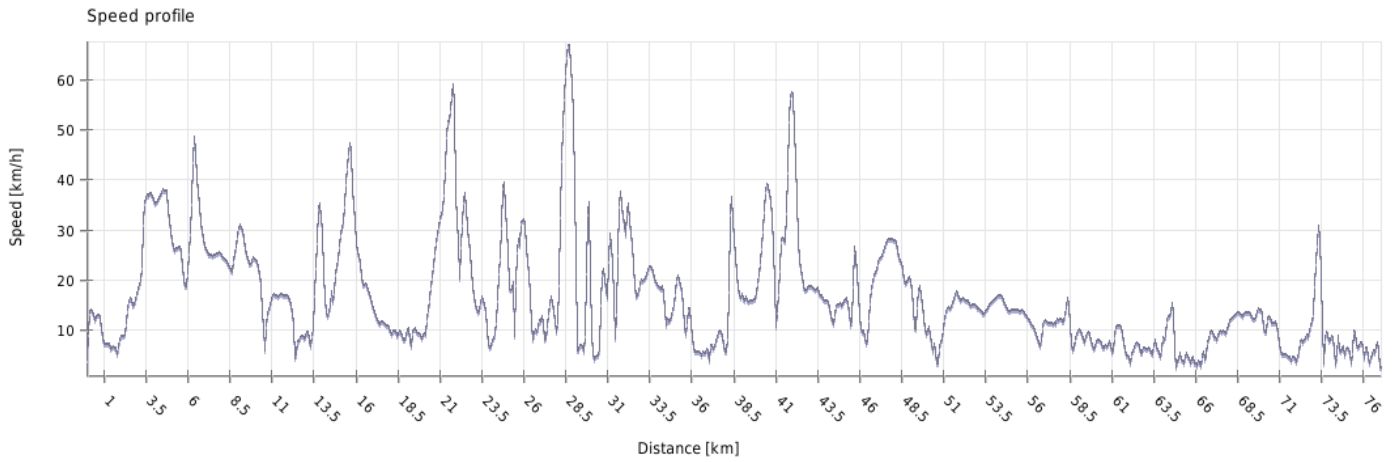
Total flat distance:	76.6 km
Total real distance:	76.7 km
Climbing distance:	29 km
Descent distance:	23.2 km
Flat distance:	24.4 km

Elevation



Minimum elevation:	130 m.s.l.
Maximum elevation:	635 m.s.l.
Average elevation:	299.8 m.s.l.
Maximum difference:	505 m
Total climbing:	1537 m
Total descent:	1081 m
Start elevation:	146.9 m.s.l.
End elevation:	602 m.s.l.
Final balance:	455.1 m

Speed

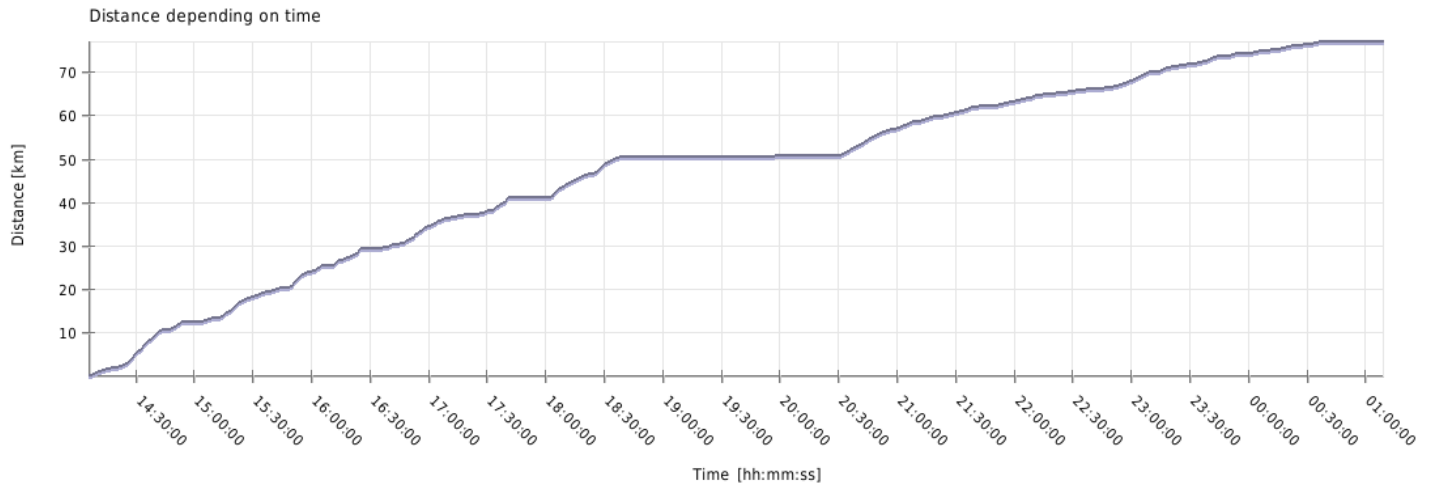


Minimum speed:	1 km/h
Maximum speed:	67.5 km/h
Average climbing speed :	9 km/h
Average descent speed :	20.1 km/h
Average flat speed:	12.4 km/h
Average speed:	12.2 km/h

Time

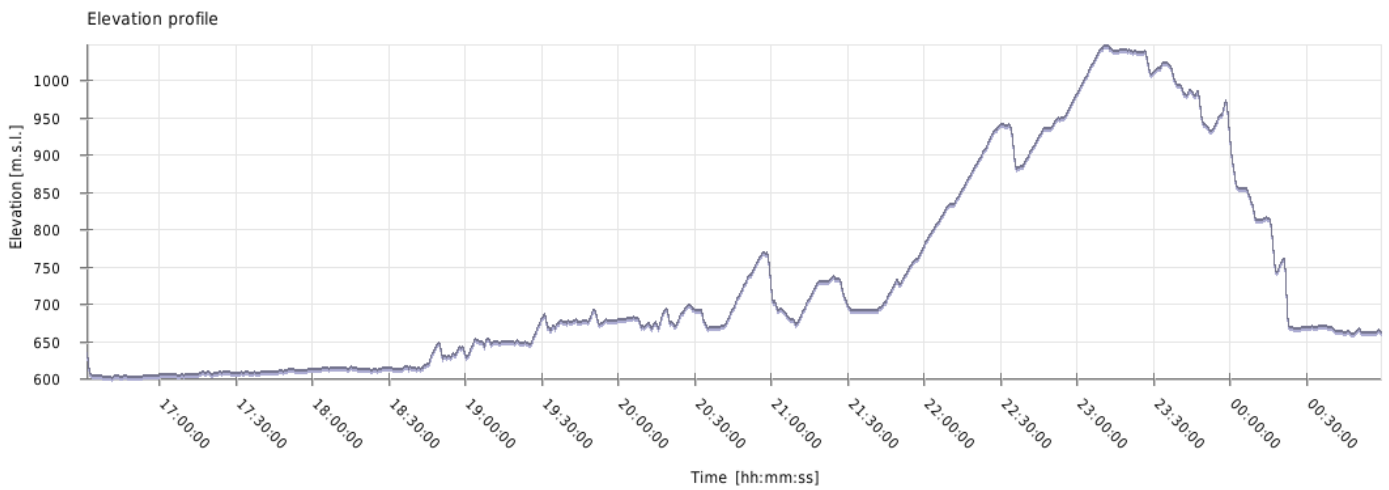
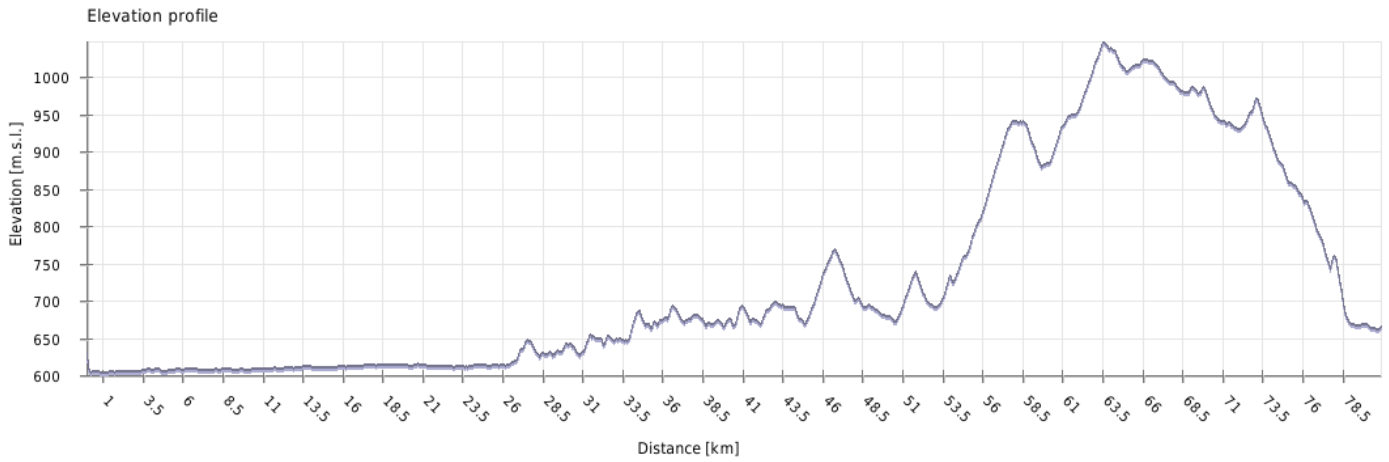
Date of track:	2012
Start time:	2.2 - 14:02:44
End time:	3.2 - 01:09:07
Total track time:	11h 06m 23s
Climbing time:	5h 30m 51s
Descent time:	2h 40m 38s
Flat time:	2h 54m 54s

Distance



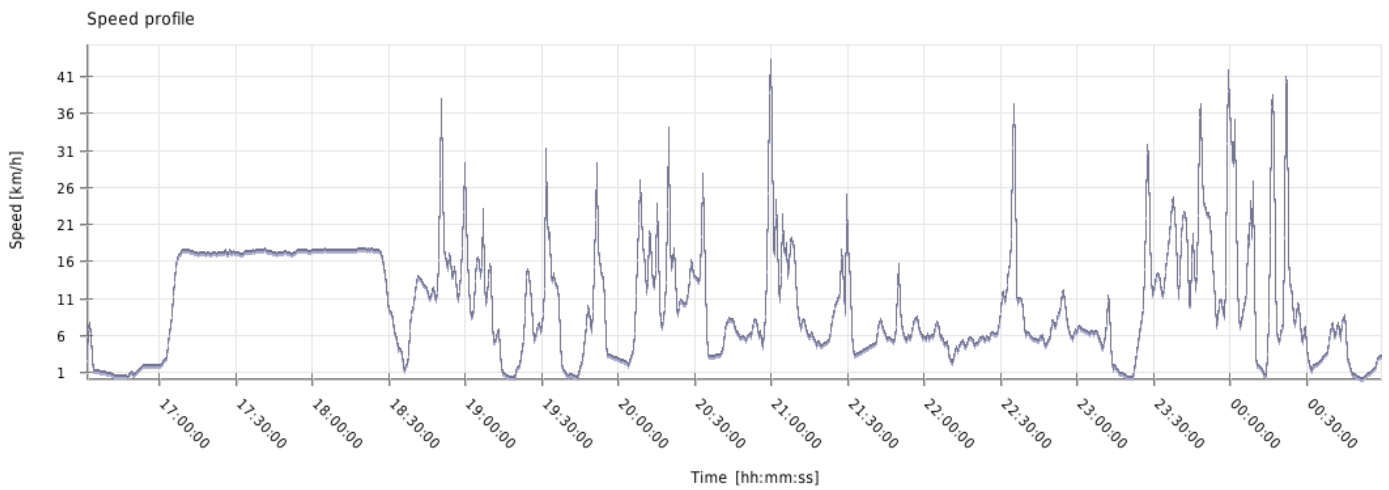
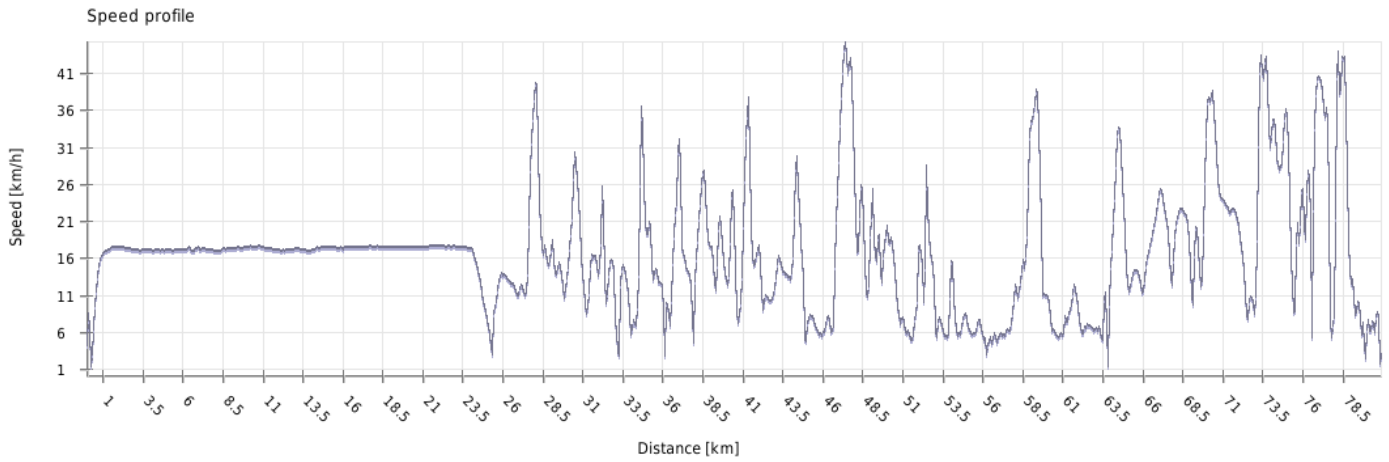
Total flat distance:	76.9 km
Total real distance:	77.1 km
Climbing distance:	29.6 km
Descent distance:	25.4 km
Flat distance:	22 km

Elevation



Minimum elevation:	600 m.s.l.
Maximum elevation:	1048 m.s.l.
Average elevation:	760 m.s.l.
Maximum difference:	448 m
Total climbing:	1244 m
Total descent:	1224 m
Start elevation:	642.2 m.s.l.
End elevation:	662 m.s.l.
Final balance:	19.8 m

Speed

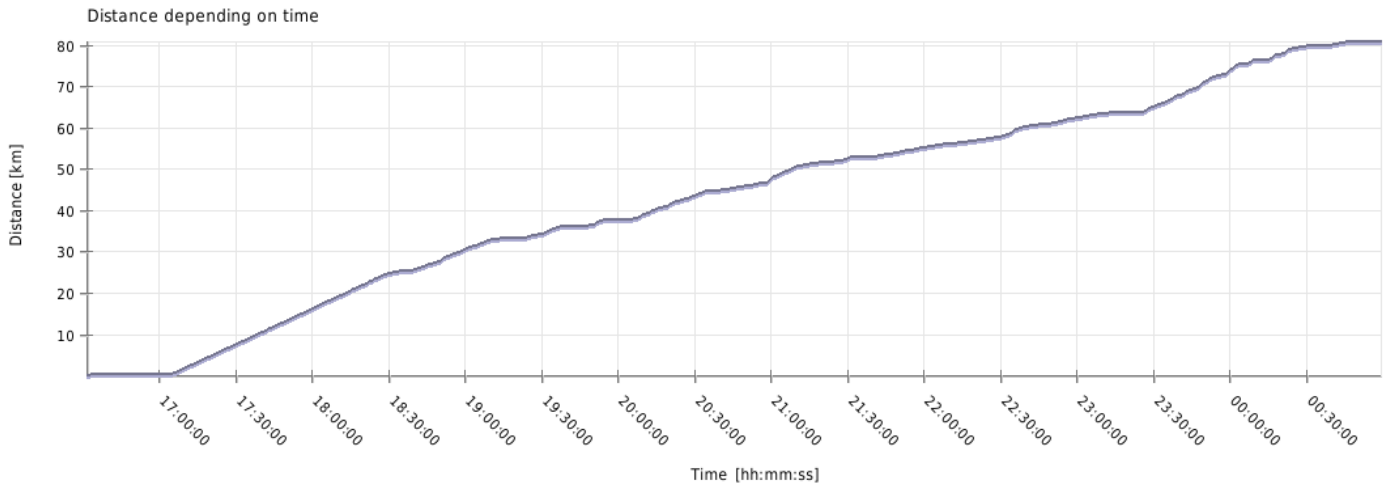


Minimum speed:	0.1 km/h
Maximum speed:	45.3 km/h
Average climbing speed :	9.5 km/h
Average descent speed :	19.5 km/h
Average flat speed:	13.4 km/h
Average speed:	13.2 km/h

Time

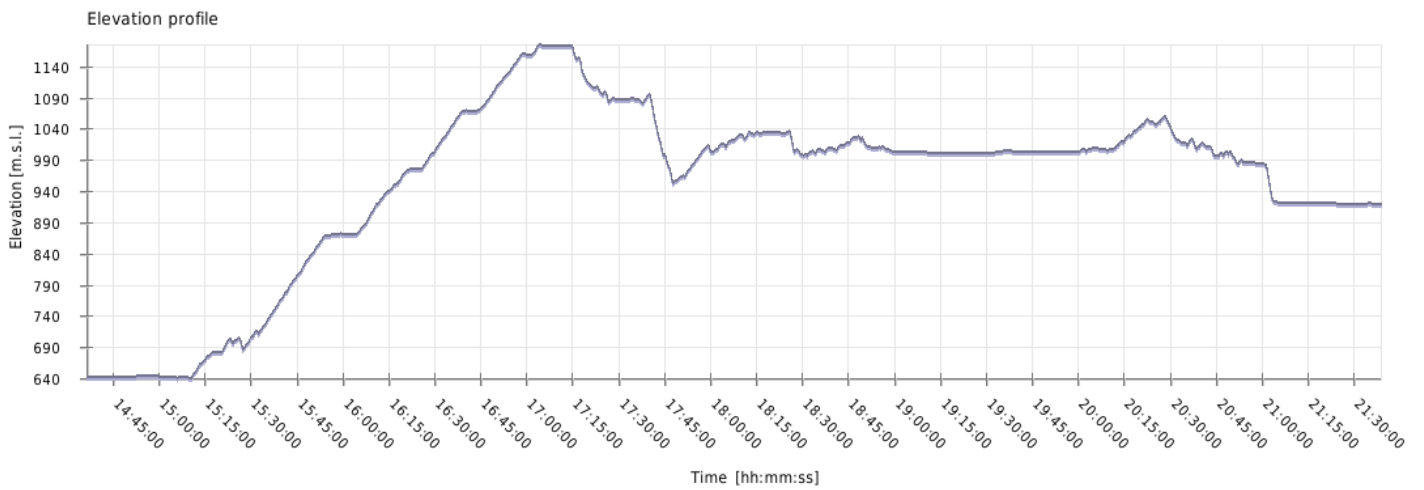
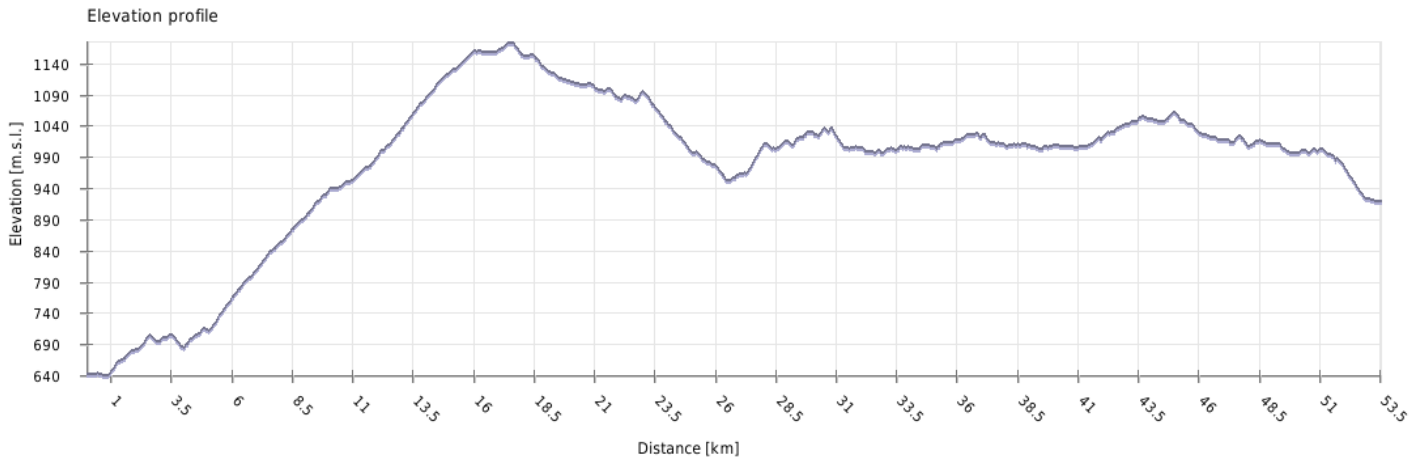
Date of track:	2012
Start time:	3.2 - 16:31:23
End time:	4.2 - 00:59:26
Total track time:	8h 28m 03s
Climbing time:	3h 25m 42s
Descent time:	2h 11m 50s
Flat time:	2h 50m 31s

Distance



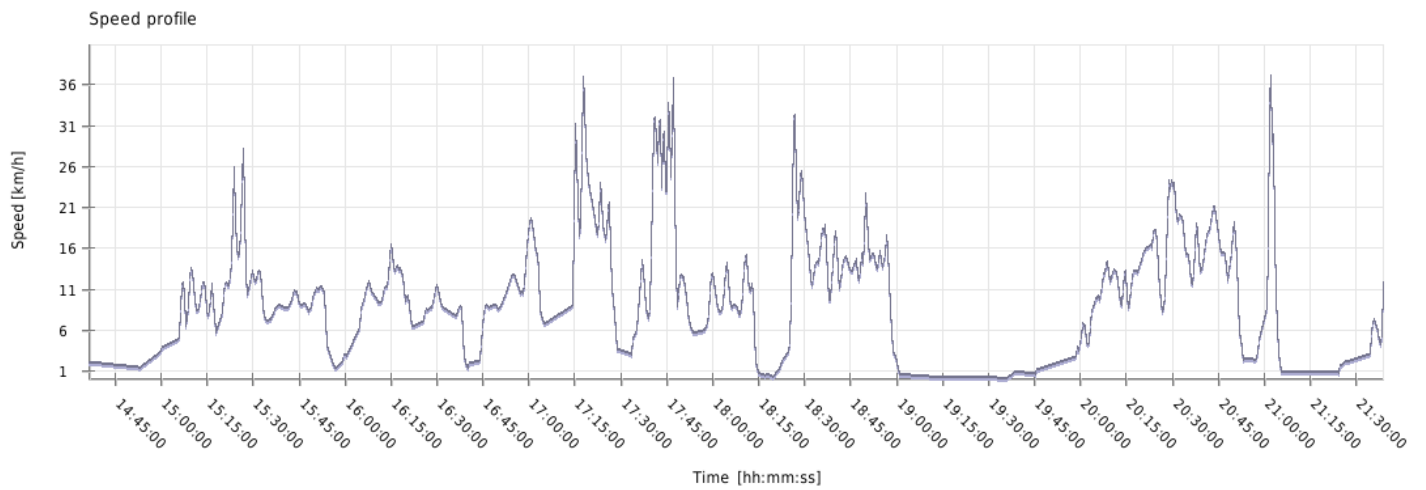
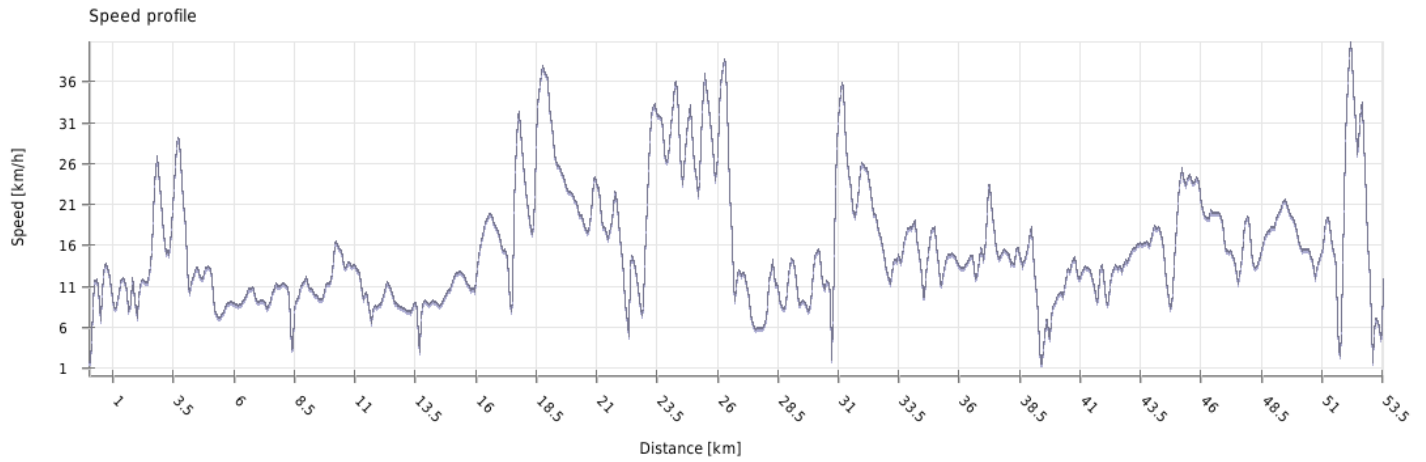
Total flat distance:	80.7 km
Total real distance:	80.9 km
Climbing distance:	23.2 km
Descent distance:	26.2 km
Flat distance:	31.5 km

Elevation



Minimum elevation:	640 m.s.l.
Maximum elevation:	1175 m.s.l.
Average elevation:	971.5 m.s.l.
Maximum difference:	535 m
Total climbing:	1041 m
Total descent:	763 m
Start elevation:	642.3 m.s.l.
End elevation:	920 m.s.l.
Final balance:	277.7 m

Speed

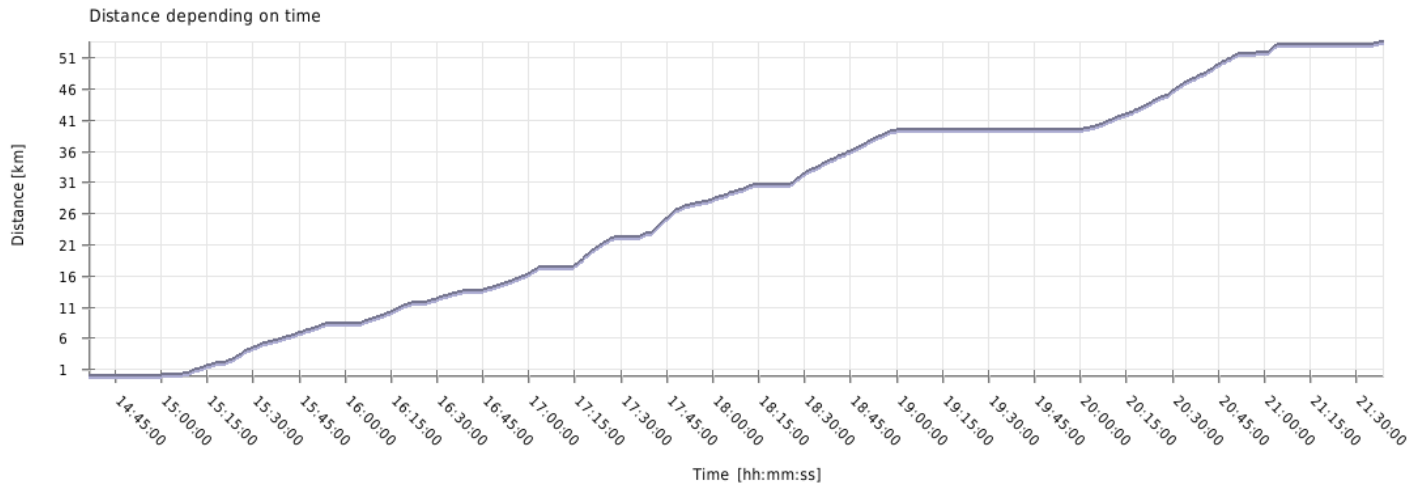


Minimum speed:	0.1 km/h
Maximum speed:	40.8 km/h
Average climbing speed :	10.6 km/h
Average descent speed :	19.9 km/h
Average flat speed:	13.1 km/h
Average speed:	13.3 km/h

Time

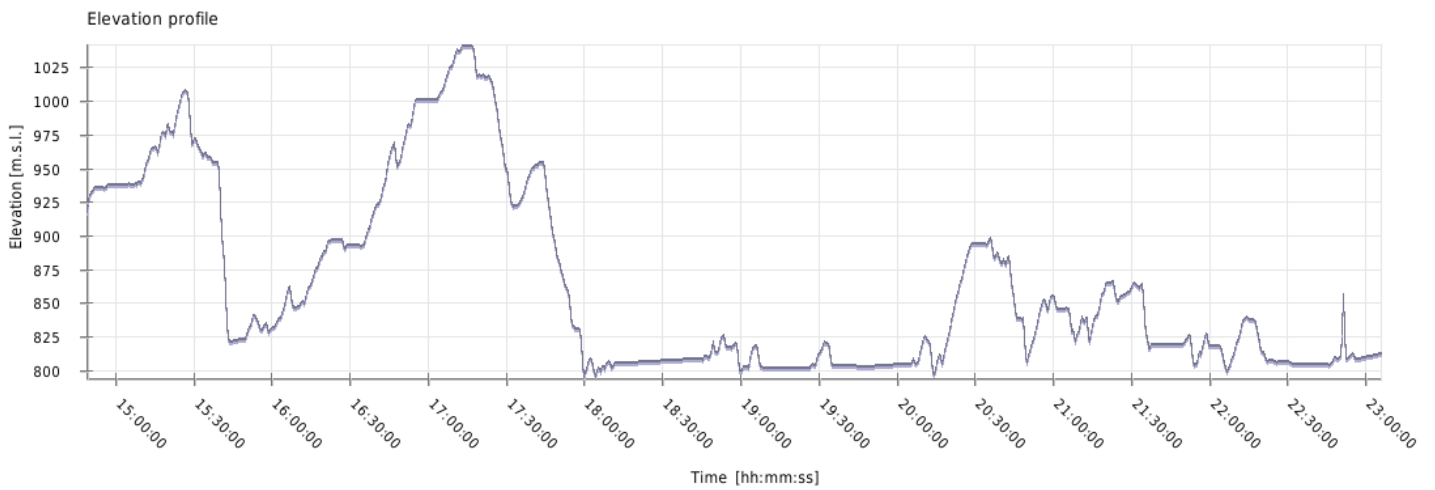
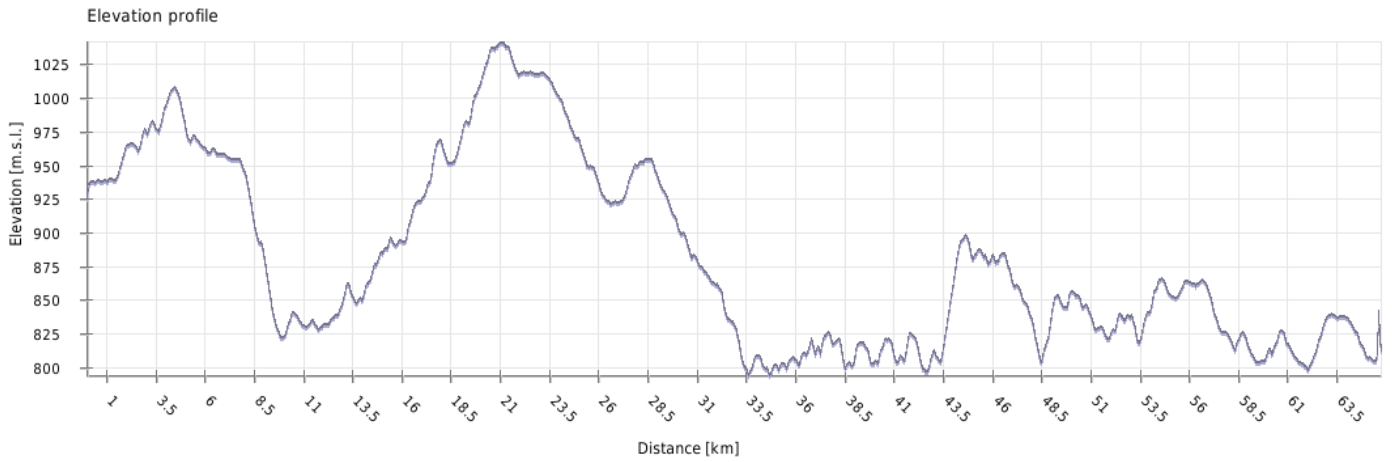
Date of track:	5.2.2012
Start time:	14:30:39
End time:	21:38:50
Total track time:	7h 08m 11s
Climbing time:	3h 37m 01s
Descent time:	2h 00m 33s
Flat time:	1h 30m 37s

Distance



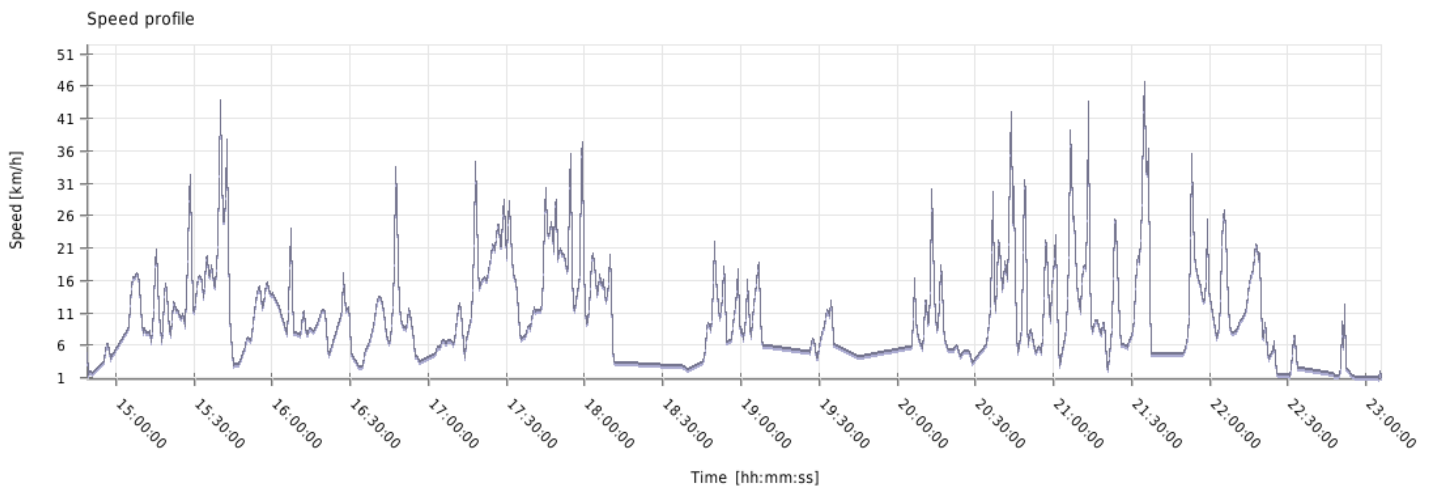
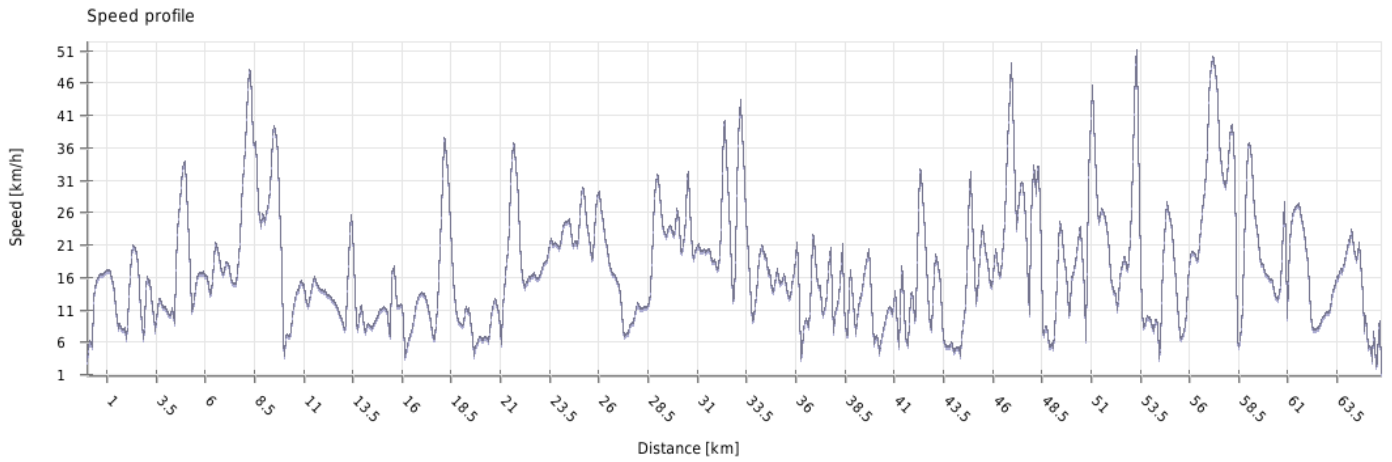
Total flat distance:	53.5 km
Total real distance:	53.6 km
Climbing distance:	23.6 km
Descent distance:	18.1 km
Flat distance:	11.8 km

Elevation



Minimum elevation:	794 m.s.l.
Maximum elevation:	1042 m.s.l.
Average elevation:	875.6 m.s.l.
Maximum difference:	248 m
Total climbing:	1143 m
Total descent:	1241 m
Start elevation:	910.3 m.s.l.
End elevation:	812 m.s.l.
Final balance:	-98.3 m

Speed

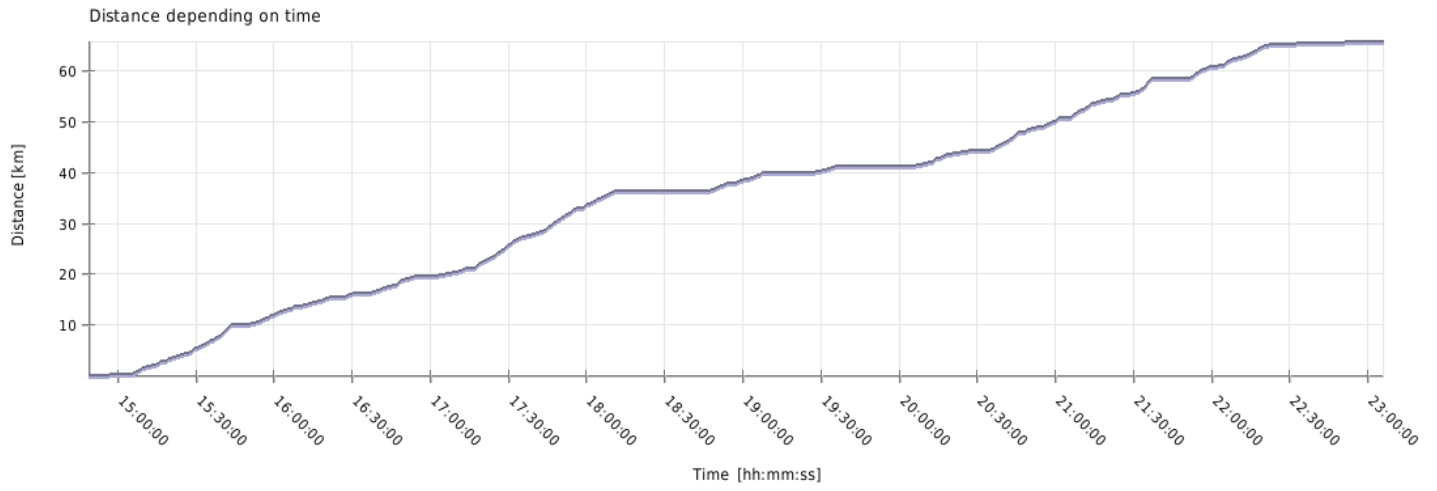


Minimum speed:	0.8 km/h
Maximum speed:	52.3 km/h
Average climbing speed :	9.6 km/h
Average descent speed :	21.2 km/h
Average flat speed:	12.7 km/h
Average speed:	13.7 km/h

Time

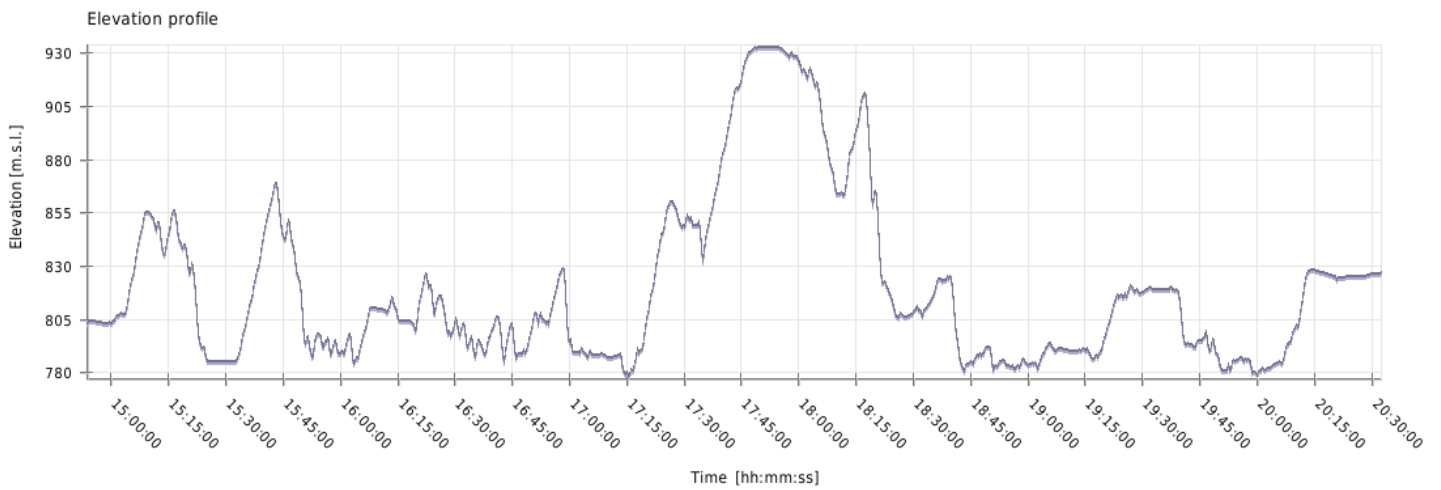
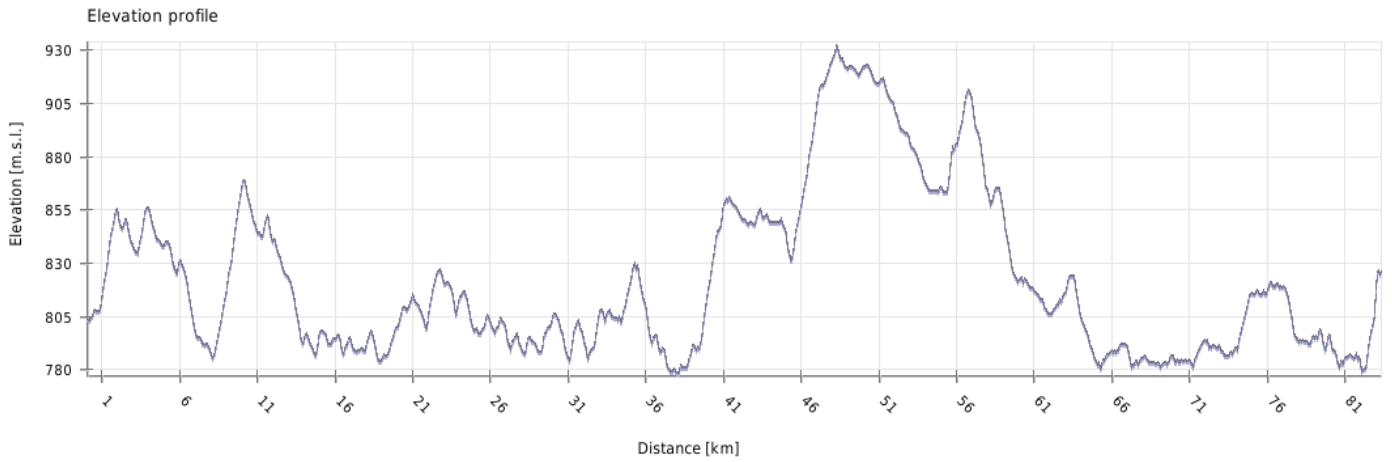
Date of track:	6.2.2012
Start time:	14:48:59
End time:	23:05:56
Total track time:	8h 16m 57s
Climbing time:	3h 45m 56s
Descent time:	2h 14m 42s
Flat time:	2h 16m 19s

Distance



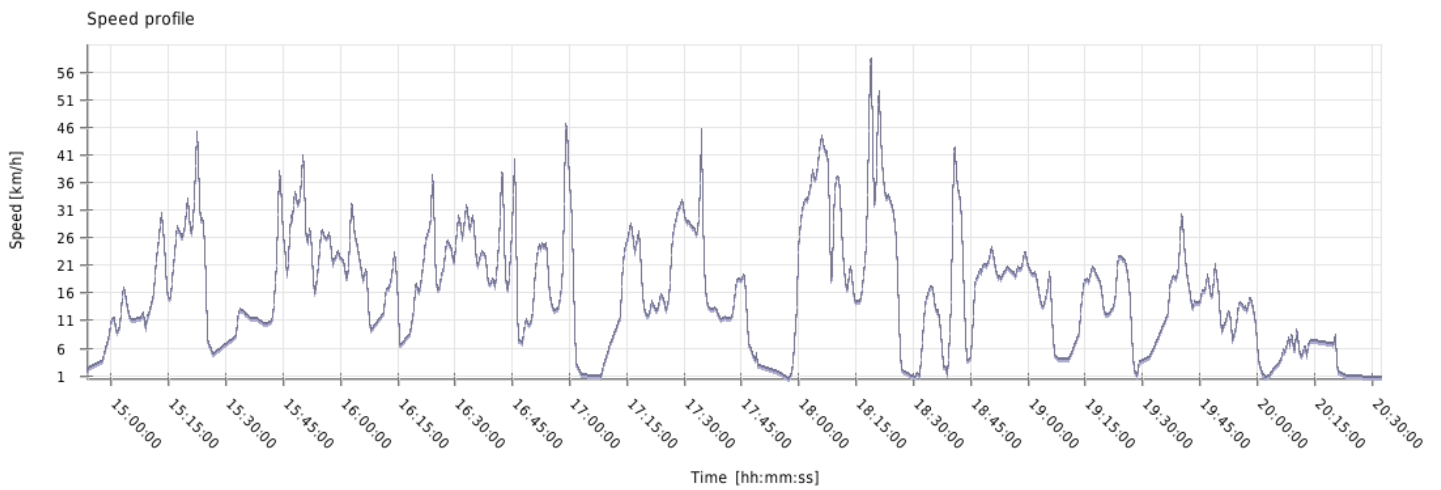
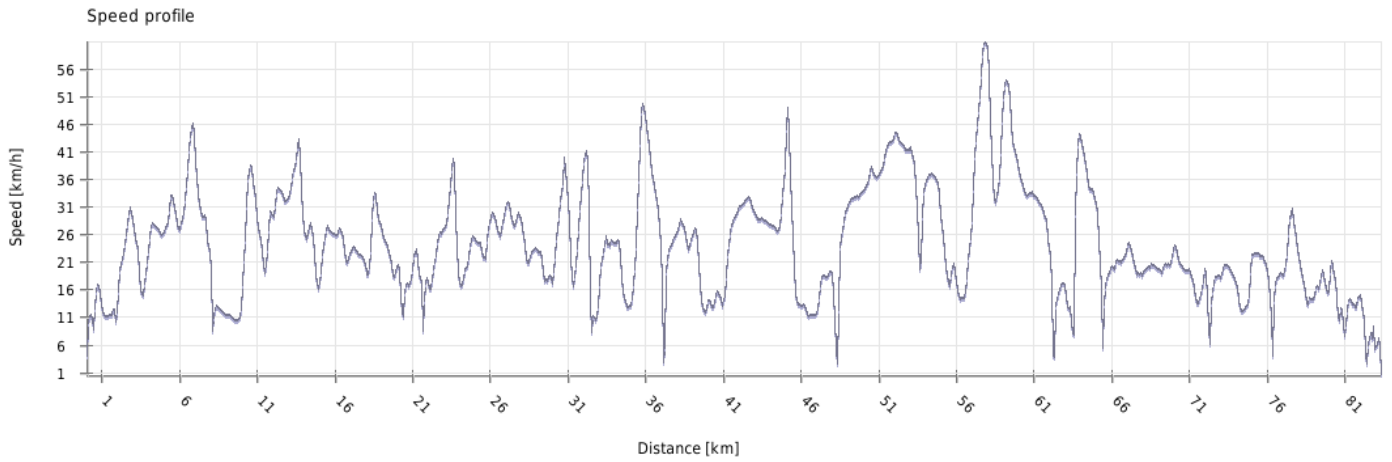
Total flat distance:	65.5 km
Total real distance:	65.7 km
Climbing distance:	20.7 km
Descent distance:	28.7 km
Flat distance:	16.3 km

Elevation



Minimum elevation:	777 m.s.l.
Maximum elevation:	934 m.s.l.
Average elevation:	818 m.s.l.
Maximum difference:	157 m
Total climbing:	1180 m
Total descent:	1157 m
Start elevation:	804.1 m.s.l.
End elevation:	827 m.s.l.
Final balance:	22.9 m

Speed

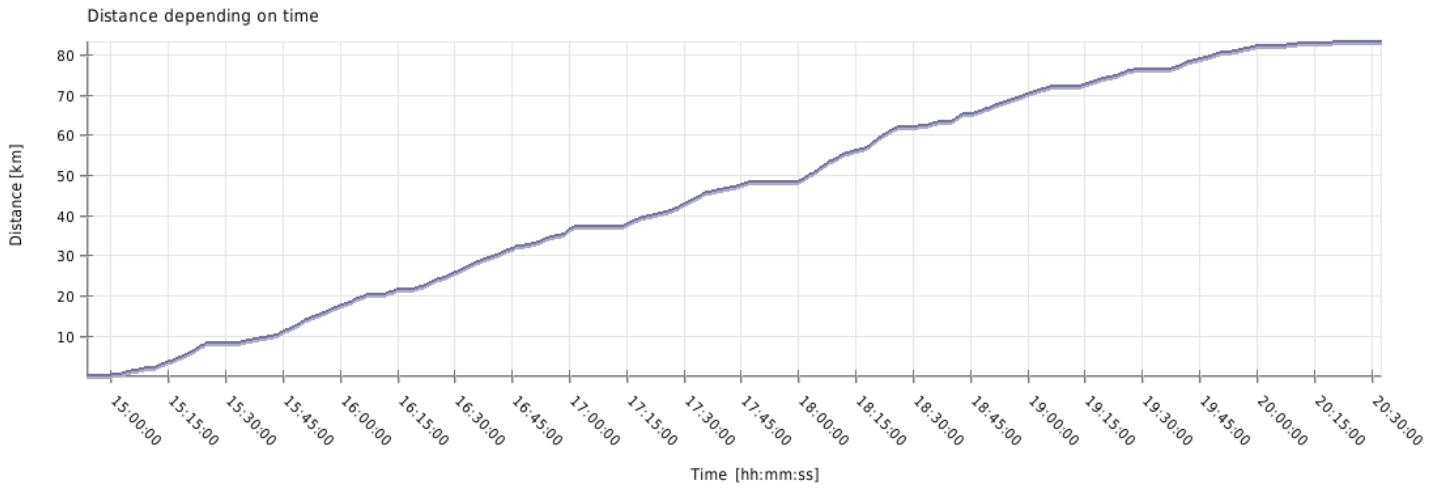


Minimum speed:	0.4 km/h
Maximum speed:	61 km/h
Average climbing speed :	16.6 km/h
Average descent speed :	27.2 km/h
Average flat speed:	20.4 km/h
Average speed:	20.9 km/h

Time

Date of track:	7.2.2012
Start time:	14:53:11
End time:	20:32:32
Total track time:	5h 39m 21s
Climbing time:	2h 20m 16s
Descent time:	2h 01m 14s
Flat time:	1h 17m 51s

Distance



Total flat distance:	83.2 km
Total real distance:	83.4 km
Climbing distance:	30.5 km
Descent distance:	36.5 km
Flat distance:	16.4 km